

# **CURRICULUM VITAE**

Tina G. Felluss, LCSW

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## **CURRENT POSITION**

Clinical social worker in private practice, specializing in treatment of eating disorders, anxiety disorders, depression, trauma, substance abuse, stress management and performance enhancement. Uses diverse modalities drawing from the Eastern and Western (traditional psychotherapeutic) processes.

## **MISSION STATEMENT**

It is my mission to be a catalyst: just a spark to ignite people's imaginations to think, that they too, could have what they might have thought was impossible. And that the path to changing their situations, their organizations, and the world, starts with changing themselves.

Founding member and former member, Board of Directors,  
Washington Society for the Study of Eating Disorders and Obesity.

Member, The Forge Institute ([www.TheForge.org](http://www.TheForge.org))

Member, Association for Spirituality and Psychotherapy

Member, National Association of Social Workers, New York Chapter

Member, EMDR International Association

Member, Seacoast Critical Response Team

Member, The American College of Professional Mental Health Practitioners

## **PERSONAL HISTORY;**

BORN: July 17, 1947, Philadelphia, Pennsylvania

## **EDUCATION:**

1983 M.S.W, Catholic University of America, Washington, D.C.

1973 M. Ed., Counseling and Guidance, Hofstra University, Hempstead, N.Y.

1969 B.S., Special Education/Elementary Education, University of Maryland, College Park, Md

## **PROFESSIONAL TRAINING/RESEARCH;**

2006: Regression Therapy and the Body. Roger Woolger, New York, N.Y.

2004: What's New in Trauma Research? Bessell VanderKolk. New York, N.Y.

2004 EMDR: Elegance in EMDR: Advanced Practices. Carol Forgash. LCSW, Stonybrook, New York.

2004 Impersonal Movement II. A two year training that focuses on shifts in consciousness that leads the student to an experience of the "non-dual " state. The result is a life wherein one is more able to live

more fully in the present moment, rather than being driven by personal history.

2003 Integrated Kabbalistic Healing, Year IV. Advanced Healings and Impersonal Movement I.

2002 Integrated Kabbalistic Healing - Sessions III and IV of Year III. Certified Kabbalistic Healer.

2001 Integrated Kabbalistic Healing - Sessions II and III of Year II. Session I of Year III. Psycho-spiritual training based on Jewish mystical path, Jason Shulman, Princeton, N.J.

2001 De-Escalation & De-Briefing Protocols for Hate Crimes & Sexual Harassment/Assault Incidents, Robert Macy, Portsmouth, N.H.

2000 Integrated Kabbalistic Healing - Sessions III and IV of Year I and Sessions I and II of Year II Psycho-spiritual training based on Jewish mystical path, Jason Shulman, Princeton, N.J.

2000 EMDR (Eye Movement Desensitization Restructuring) Level II, Roger Solomon, Portsmouth, New Hampshire.

2000 More Everyday Ethics: Daily Dilemmas in Clinical Practice, Elizabeth Dorsey. LICSW, Concord, N.H.

2000 EMDR (Eye Movement Desensitization Restructuring) Level I. Roger Solomon. Portsmouth, New Hampshire.

2000 Critical Incident Stress Management - Advanced Training, III, Robert Macy, Portsmouth, New Hampshire.

1999 Integrated Kabbalistic Healing - (Sessions I and II - part of twelve weekend sessions over three year period). Psycho-spiritual training based on Jewish metaphysical path, Jason Shulman, Princeton, N.J.

1999 Boys and Their Emotions - Dan Kindlon, Ph.D. Portsmouth, N.H.

1999 Critical Incident Stress Management - Advanced Trainings, I & II, Robert Macy, Portsmouth, New Hampshire.

1998 Critical Incident Stress Management Training: Part I and II, Robert Macy, A.B.D. and Roger Solomon, Ph.D, Portsmouth New Hampshire.

1998 "Thought Field Therapy," Levels One and Two, Marie Macomber, Ed.D, Newton Center, Mass

1997 "Long Night's Journey Into Day: An Overview of Sleep and Sleep Disorders for Mental

Health Providers. Wm. David Brown, Ph.D. Nashua, N.H.

1997 "Treating Mind and Body in Sexual Abuse Survivors" Dusty Miller, Portsmouth Pavilion, Portsmouth, N.H.

1997 "Ethical Practice Dilemmas When Children & Families Become Involved with Legal Issues, Robert Kinscherff, J.D., Ph.D. Portsmouth, N.H,

1997 Common Boundary Conference, "Intentional Living: Where Inner Work Meets the World," Washington, D.C.

1996 "Trauma: Progressive Techniques in Group Treatment," Bonnie Buchele, Ph.D. Portsmouth, N.H.

1996 "Group Treatment of Eating Disorders," Cynthia Osborne, M.S.W. Portland, Maine.

1995 "Relational Awareness & Empathy in Working with Trauma," Judith Jordan, Ph.D. Portsmouth Pavilion, Portsmouth, N.H.

1995 "Preserving Psychotherapy: Defeating the Industrialization of Mental Health Care," Peter Gumpert, Ph.D., Hooksett, N.H.

1995 "Embodiment, Accessing the Wisdom of the Soul," Deborah Howard, R.N., Douglas Brady, MEd., Durham, N.H.

1995 "The Ethics of Self-Disclosure," New Hampshire Psychological Association, Hooksett, N.H.

1994 "Stress and Disease: Who Gets Sick and Who Stays Well," P. Gordon, William , Ph.D. Manchester, N.H.

1994 "Attention Deficit Disorder in Children and Adolescents," Richard Guare, Ph.D., Portsmouth, . N.H.

1994 "Mood, Mind, and Appetite," Elizabeth Markely, Dr.PH., M.P.H., R.D

1994 "Boundaries in Professional Practice," Sally Young, Ph.D. and Mary Willmuth, Ph.D.

1994 "Collaborative Negotiation Skills in Brief Interventions," Ira Gorman, C.C.S.W. and Janet Miller Wiseman, C.C.S.W.

1994 Affiliate Training, The Center for Help for Anxiety/Agoraphobia through New Growth Experiences, Paul Foxman, Ph.D.

1993 "False Memory Syndrome," Politics, Validity and Clinical Implications in Memory Retrieval with Adult Survivors of Sexual Abuse, Karin Olio, M.A., M.Ed., Portsmouth, N.H.

1993 Healing Modalities in Stress Management and Psychophysical Illness, 52 hours, Avery Kamfer, Rockville, Md.

1992 Post-graduate study, "The Mental and Emotional Aspects of Sport," Department of Kinesiology, University of Maryland

1992 "Recovering Incest Memories," Mohan Nair, Bellflower, California

1992 Sports Psychology Conference. "Sports Psychology for Coaches," Department of SportsPsychology, University of Virginia

1992 Clinical Hypnosis, Practitioner Level II, Ericsonian Approaches to Hypnosis and Psychotherapy, American Hypnosis Training Academy, Inc., Silver Spring, MD

1990 On-going studies in Yoga psychology, Eastern and Western philosophy, Yoga and psychosomatic illness, Raja and Hatha Yoga and Ayurvedic medicine, under the direction of Gay Goen,M.S.W., Rockville, Md.

1989 Continuing studies in meditation, Hatha and Raja yoga, stress management and Neuro-Linguistic Programming, under the direction of Charles T. Bates, Jr., Guadalajara, Mexico and St. Paul, Minn.

1988 Clinical Hypnosis, Practitioner Level I: Ericsonian Approaches to Hypnosis and Psychotherapy, American Hypnosis Training Academy, Inc., Silver Spring, Md., Ronald Klein, M.Ed.

1987 On-going group psychotherapy, process and consultation, Morris B. Parloff, Ph.D., Washington, D.C.

1986 Training in Introductory Hypnosis and Hypnotherapy, Education Center of Sheppard Pratt, Baltimore, Md., Charles CITTrenbaum, Ph.D.

1986 Gestalt Therapy Studies, Gestalt Institute, New York, N.Y.

1985 Training, The Treatment of Eating Disorders, Washington Hospital Center, Eating Disorders Unit, Washington Hospital Center, Washington, D.C.

## **PROFESSIONAL TEACHING EXPERIENCE**

2006. Instructor. "Think Like a Winner." Makor/92nd Street Y, New York, N.Y.

2006. Instructor. "Resiliency and Coping." Makor/92nd Street Y, New York, N.Y.

2006. Instructor. "Do You Want to Dance?" Makor/92nd Street Y, New York, N.Y.

2006 "Talk Back" Moderator. "Normal," A musical focusing on Eating Disorders ([www.normalthemusical.com](http://www.normalthemusical.com)), New York.

2005 Teaching Apprentice. "The Work of Return." A psycho-spiritual self-healing practice developed by Jason Shulman. Boston, Mass. And New York, N.Y.

2004 Guest Speaker on behalf of Corporate Counseling Associates (Employee Assistance Program) New York, N.Y.

2004 Presenter, All School Meeting, A Society of Souls, Lewes, Delaware. "My Spiritual Journey from the Ground Up"

2002 Guest Speaker, American Institute of Physics, Melville, New York.  
"Creating Win-Win Situations."

2002 Guest Speaker, Syosset School District, Syosset, New York.  
"Balancing Work and Family."

2002 Guest Speaker, Book Span Publishing Co., Melville, New York.  
"Living Through Life's Transitions."

2002 Guest Speaker, The Women's Center, Huntington, New York.  
"Separating from Your Adult Children."

2002 Workshop Co-Leader, Greenlawn, New York. "Falling in Love With  
Your Body."

2002 Guest Speaker, Harborfields, Library, Huntington, New York.  
"Creating Abundance in Your Life."

2002 Guest Speaker, The Women's Center, Huntington, New York,  
"Resiliency, What Is It?"

2002 Guest Speaker, Harborfields Library, Huntington, New York.  
"Resiliency, What Is It?"

2001 Guest Speaker, Empire Blue Cross & Blue Shield, Melville, New  
York, "Stress Management, Coping with the Aftermath."

2000 Guest Speaker, University of New Hampshire, School of Social  
Work, "Signs, Symptoms and Treatment of Anxiety Disorders."

1999 Invitation to teach course on "Counseling Skills to Registered  
Dieticians," Lesley College, Wellsley, Massachusetts.

1999 Guest Speaker, University of New Hampshire, School of Social  
Work, "PTSD, Symptoms and Treatment Issues."

1998 Guest Speaker, University of New Hampshire School of Social  
Work, "Signs, Symptoms and Treatment of Anxiety Disorders."

1997 Presenter, Martins Point Health Center, "Anxiety Disorders."

1996 Speaker, Portsmouth High School Girls Basketball Team, "The  
Mind of a Winner."

1994 Speaker, Westwood Hospital Eating Disorders Unit, "Striving for Excellence, a Healthy Outlook on Competition."

1994 Speaker, Bow Soccer Club, "Parenting Female Athletes."

1994 Speaker, Portsmouth Middle School, "Conflict Resolution"

1993 Speaker, National Capital Soccer League Coaches' Conference, "Developmental Stages of Youth

1992 Presenter, School Without Walls, Washington, D.C., "The Psychology of Competition," High School students.

1992 Presenter, "Women, Power and Competition: The Psychology of Optimal Performance," Capital Women's Network, Washington, D.C.

1991 Speaker, School Without Walls, Washington, D.C., "Thoughts on Food and Addictions."

1990 Workshop Leader, Capital Women's Network, "Food and Addictions."

1990 Teacher, First Class Seminars, "Food for Thought" - adult education workshops on food and addictions.

1989 Yoga Instructor, Women's Health Corporation of Virginia.

1988 Designed and implemented week-long retreat for chronic bulimics using diverse modalities from both Eastern and Western psychologies.

1987 Lecturer, Woodson High School, Bethesda, Md., "Signs and Symptoms of Eating Disorders."

1986 Lecturer, Shady Grove High School, Gaithersburg, Md., Video Interview on "Signs and Symptoms of Eating Disorders."

1986 Lecturer, Catholic University, Washington, D.C., In-service training on treatment of eating disorders for Counseling Center interns.

1986 Group Therapist and Group Facilitator, National TV Documentary, "Bulimia."

1985 Lecturer, Alternative House, McLean, Va. In-service training on treatment of eating disorders.

1984 Presenter, The Washington Hospital Center, Washington, D.C., "Treatment Approaches to Eating Disorder."

1984 Lecturer, D.C. Institute of Mental Hygiene, Washington, D.C., "Treatment Ramifications of Anorexia Nervosa"  
1984 Social Worker/Therapist/Case Manager, Eating Disorders Unit, Washington, D.C. Washington Hospital Center.